

福音 – 主耶穌賜的安息

Gospel – Rest from Lord Jesus

2022.3.27

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如何理解安息日

- (创世记 1:1-5)起初神创造天地。In the beginning God created the heavens and the earth.
- 地是空虚混沌。渊面黑暗。神的灵运行在水面上。Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.
- 神说，要有光，就有了光。And God said, "Let there be light," and there was light.

- 神看光是好的，就把光暗分开了。God saw that the light was good, and he separated the light from the darkness.
- 神称光为昼，称暗为夜。有晚上，有早晨，这是头一日。God called the light "day," and the darkness he called "night." And there was evening, and there was morning--the first day.

- 第一天创造了天地昼夜
- 第二天创造了空气
- 第三天创造了陆地和海洋，草和树木
- 第四天创造了日月星辰
- 第五天创造了飞禽与海洋生物鱼
- 第六天创造了陆地生物和人

- (创世记 2:2-3)到第七日，神造物的工已经完毕，就在第七日歇了他一切的工，安息了。By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work.
- 神赐福给第七日，定为圣日，因为在这日神歇了他一切创造的工，就安息了。And God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

神完成创造之工的安息

- (出埃及记 20:8-11):
- **当纪念安息日，守为圣日。"Remember the Sabbath day by keeping it holy.**
- **六日要劳碌作你一切的工， Six days you shall labor and do all your work,**

- 但第七日是向耶和华你神当守的安息日。这一日你和你的儿女，仆婢，牲畜，并你城里寄居的客旅，无论何工都不可作， but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates.
- 因为六日之内，耶和华造天，地，海，和其中的万物，第七日便安息，所以耶和华赐福与安息日，定为圣日。 For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

主耶稣基督里的安息

- (马太福音 11:28-29) 凡劳苦担重担的人，可以到我这里来，我就使你们得安息。"Come to me, all you who are weary and burdened, and I will give you rest."
- 我心里柔和谦卑，你们当负我的轭，学我的样式，这样，你们心里就必得享安息。Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

不信的人没有安息

- (希伯来书 3:19) 这样看来，他们不能进入安息，是因为不信的缘故了。So we see that they were not able to enter, because of their unbelief.
- (希伯来书 4:2-3, 10) 因为有福音传给我们，像传给他们一样。只是所听见的道与他们无益，因为他们没有信心与所听见的道调和。For we also have had the gospel preached to us, just as they did; but the message they heard was of no value to them, because those who heard did not combine it with faith.

我们已经相信的人：依靠，交托

- 但我们已经相信的人，得以进入那安息，正如神所说，我在怒中起誓说，他们断不可进入我的安息。其实造物之工，从创世以来已经成全了。Now we who have believed enter that rest, just as God has said, "So I declared on oath in my anger, 'They shall never enter my rest.'" And yet his work has been finished since the creation of the world.
- **因为那进入安息的，乃是歇了自己的工，正如神歇了他的工一样。for anyone who enters God's rest also rests from his own work, just as God did from his.**

- (希伯来书 7:25) 凡靠着 he 进到神面前的人, 他都能拯救到底。因为他是长远活着, 替他们祈求。Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them.
- (马可福音2:27) 又对他们说, 安息日是为人设立的, 人不是为安息日设立的。Then he said to them, "The Sabbath was made for man, not man for the Sabbath.
- (马可福音2:28) 所以人子也是安息日的主 So the Son of Man is Lord even of the Sabbath."

- (约翰福音 1:12) 凡接待他的，就是信他名的人，他就赐他们权柄，作神的儿女。Yet to all who received him, to those who believed in his name, he gave the right to become children of God.
- (约翰福音 15:5) 我是葡萄树，你们是枝子。常在我里面的，我也常在他里面，这人就多结果子。因为离了我，你们就不能作什么。"I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.

平静安稳就是歇了自己的工

- (赛30:15) 主耶和华以色列的圣者曾如此说，你们得救在乎归回安息。你们得力在乎平静安稳。你们竟自不肯。 This is what the Sovereign LORD, the Holy One of Israel, says: "In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it.
- (罗马书 10:9-10) 你若口里认耶稣为主，心里信神叫他从死里复活，就必得救。 That if you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved.
- 因为人心里相信，就可以称义。口里承认，就可以得救。 For it is with your heart that you believe and are justified, and it is with your mouth that you confess and are saved.

Summary

- 福音是耶稣基督，为我们而死，作我们救主；为我们复活，作我们君王的好消息
- 福音是使人得救的信息
- 福音是最重要的信息，它是圣经的核心
- 福音是基督的信息
- 福音是“耶稣的死和复活”的历史
- 基督为我们的罪而死

Sinful Man



Holy God

Death

Eph. 2:1
Rom. 6:23

Jesus Christ

Eternal Life

Jn. 17:3

Jn. 3:16-18, 36
Acts 16:31
Eph. 3:12

(约 3:16) 神爱世人，甚至将他的独生子
赐给他们，叫一切信他的，不至灭
亡，反得永生。

(John 3:16) For God so loved the world that he
gave his one and only Son, that whoever
believes in him shall not perish but have
eternal life.