

# 主耶穌是世界的光， 生命的光

Lord Jesus is the light of the world,  
light of life

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# 撒玛利亚妇人打水的故事



# 主耶稣是从天上来的生命之粮 五个大麦饼，两条鱼

Lord Jesus is the bread of life from heaven  
Five small barley loaves and two small fish



# 耶稣为门徒洗脚

Jesus washes his disciples' feet



# 约翰福音 (John) 8:12

(约翰福音8:12) 耶稣又对众人说，我是世界的光。跟从我的，就不在黑暗里走，必要得着生命的光。

(John 8:12) When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

(约翰福音1:3-5) 3 万物是借着他造的。凡被造的，没有一样不是借着他造的。

Through him all things were made; without him nothing was made that has been made.

4 生命在他里头。这生命就是人的光。

In him was life, and that life was the light of men.

5 光照在黑暗里，黑暗却不接受光。

The light shines in the darkness, but the darkness has not understood it.

## 约翰福音 (John) 9:1-7

耶稣过去的时候，看见一个人生来是瞎眼的。门徒问耶稣说，拉比这人生来是瞎眼的，是谁犯了罪？是这人呢？是他父母呢？耶稣回答说，也不是这人犯了罪，也不是他父母犯了罪，是要在他身上显出神的作为来。趁着白日，我们必须作那差我来者的工。黑夜将到就没有人能作工了。我在世上的时候，是世上的光。耶稣说了这话就吐唾沫在地上，用唾沫和泥抹在瞎子的眼睛上，对他说，你往西罗亚池子里去洗，（西罗亚翻出来，就是奉差遣）他去一洗，回头就看见了。

As he went along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" "Neither this man nor his parents sinned," said Jesus, "but this happened so that the work of God might be displayed in his life. As long as it is day, we must do the work of him who sent me. Night is coming, when no one can work. While I am in the world, I am the light of the world." Having said this, he spit on the ground, made some mud with the saliva, and put it on the man's eyes. "Go," he told him, "wash in the Pool of Siloam" (this word means Sent). So the man went and washed, and came home seeing.



## (约翰福音 3:19-21)

19 光来到世间，世人因自己的行为是恶的，不爱光倒爱黑暗，定他们的罪就是在此。

This is the verdict: Light has come into the world, but men loved darkness instead of light because their deeds were evil.

20 凡作恶的便恨光，并不来就光，恐怕他的行为受责备。 Everyone who does evil hates the light, and will not come into the light for fear that his deeds will be exposed.

21 但行真理的必来就光，要显明他所行的是靠神而行。 But whoever lives by the truth comes into the light, so that it may be seen plainly that what he has done has been done through God."



# (约翰一书 1 John 1: 1, 5, 7)

1. 论到从起初原有的**生命之道**，就是我们所听见所看见，亲眼看过，亲手摸过的。

That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked at and our hands have touched--this we proclaim concerning the Word of life.

**5. 神就是光，在他毫无黑暗。**这是我们主所听见，又报给你们的**信息。**

This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all.

**7. 我们若在光明中行，如同神在光明中，就彼此相交，他儿子耶稣的血也洗净我们一切的罪。**

But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

## 马太福音 (Mathew 6:22-23)

22 眼睛就是身上的灯。你的眼睛若了亮，全身就光明。

"The eye is the lamp of the body. If your eyes are good, your whole body will be full of light.

23 你的眼睛若昏花，全身就黑暗。你里头的光若黑暗了，那黑暗是何等大呢。

But if your eyes are bad, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!

## (以弗所书1:17-18) (Ephesians 1:17-18)

17 求我们主耶稣基督的神，荣耀的父，将那赐人智慧和启示的灵，赏给你们，使你们真知道他。

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.

18 并且照明你们心中的眼睛，使你们知道他的恩召有何等指望。他在圣徒中得的基业，有何等丰盛的荣耀。

I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints,

(以弗所书5:13) (Ephesians 5:13)

13凡事受了责备，就被光显明出来。因为一切能显明的，就是光。

But everything exposed by the light becomes visible.

# Summary

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Lord Jesus is the light of the  
world, light of life